



BLUE BELLS PUBLIC SCHOOL

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NEWSLETTER
(July to September 2018)



MESSAGE

Life is in itself an amalgam of inevitably unpredictable and unequal possibilities, often found in the realm of the seemingly impossible. All it takes is a choice, at a critical juncture in the labyrinth of decisions we make, to open the gates of apparently improbable possibilities which turn desert sands into an oasis and leads young women and men to their chosen zenith of grandeur and prominence.

Destiny is a combination of fate (chance) and choice, but efforts play a major role in taking advantage of the opportunities that chance may present. Destiny is not to be awaited, but to be achieved. It was with profound insight in her book 'If I Stay' that Gayle Forman wrote, "Sometimes we make choices in life and sometimes choices make us." But is it really possible to fathom what thy God has written for us? If yes, then, what are the right choices and how to make them? And if not the right one, should we regret our choices? A string of many such questions come to mind as one attempts to decipher the power of choice. Choice is both a blessing and a curse for humans who have the might of the brain to critically analyze situations and take a right call. If our decision is favourable then we would be at the pinnacle of success and glory; and in case, we falter then it would be a great learning experience which only life can give as "WITHOUT PAIN, THERE IS NEVER A GAIN".

My dear students, more pertinent than ever is the requirement to discover your "UNIQUE YOU" so that you channelize your energy toward realizing the greatest dreams you have for yourself. We are the creators of our own glorious destiny. It is the vibrations we emit that resonate in the surrounding atmosphere and create a world shaped by the choices we make; where our aptitude determines the height of our success. Attitude and aptitude are the resources that define our potential to learn skills, which we develop and hone through time. We call it growing up. When you are open to learning and begin to utilize your talents to take control of your environment, you begin to weave a particular set of aptitudes. What works, you continue using. What does not, you strive to change. Infuse your attitude with humility that comes from this understanding and you can achieve your most ambitious goals and dreams.

Being able to make a choice is not an option, it's a necessity. A person who doesn't know what he wants from life can never succeed. Choice makes you different from others; it gives you the power to decide your own fate, the power to decide what you want. And my children, it will and never can be chance that will metamorphose you into a better and a successful human being. Because the people who think that it's all a matter of luck are people who are scared into not making a choice they could have; people who hide their failures in the name of chance. As Paulo Coelho says, "WHAT MATTERS IS TO LEAVE IN THE PAST THOSE MOMENTS IN LIFE THAT ARE OVER." I believe that every single Blue Bellian will not be afraid and will make a choice and be proud of it as LIFE is all about Learning, Innovation, Fulfillment and Enlightenment.

We will have good experiences if we follow the maxim: "One should not blame anyone in life. Good people give happiness, bad people give experience, worst people give lessons and best people give memories. It is therefore advisable for the younger generation to meet and welcome people with a smile."

Warm Wishes to all!

*Dinesh Ch.
Kulshrestha*

Dr. Dinesh Chandra Kulshrestha
Management Committee Member
Blue Bells Public School





INTERNATIONAL ROBOTICS COMPETITION 2018

"Believe in the Impossible, Hold Tight the incredible and the shining future awaits you."

IRC League Season 8



गुरुग्राम और दिल्ली के छात्रों की टीम ने अंतराष्ट्रीय रोबोटोनिक्स प्रतियोगिता 2018 में पहला स्थान हासिल किया

प्रतियोगिता में श्रीलंका, मालदीव, बंगलादेश, सिंगापुर और चीन सहित कई प्रसिद्ध टीमों ने हिस्सा लिया था

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गुरुग्राम के अविश ने दुबई में चैंपियनशिप जीती

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Commitment leads to action and sincere determination, indomitable quest to excel brings success closer. Success, the blending of six essential qualities, earnest desire, personal integrity, humility, courtesy, wisdom and charity, is not an isolated story for the Blue Bellians. Avish Dahiya of Class X A recreated magic and carried forward the rich legacy of the Seniors by clinching the First Position and Winners Trophy at the international level in the 8th International Robotonics Competition (IRC League) at BITS Pilani Campus, Dubai. It was yet another historic moment, a hat trick achievement for the school when it bagged the First Position and Winners Trophy in the Senior Category at the international version of the game at BITS Pilani Campus, Dubai in 2018. Earlier, school Robotics Team have lifted the Winners Trophy (Senior Category) in the international version of the game in 2015 at Washington and 2016 at Singapore. Many renowned teams from different countries including India, Sri Lanka, Maldives, Bangladesh, Singapore and China competed for the topnotch position and renowned schools of India like The Shriram School, Aravali and Mulsari Campus, Blue Bells School, Gurgaon, Scottish High, Step by Step, SMS, Janakpuri, Indus World School, Indore, Jayshree Periwal High School were just some of the schools participating in the competition.



WORLD SCHOOL DEBATING CHAMPIONSHIP, MALAYSIA

'Every day is an opportunity to be creative- the canvas is your mind, the brushes and colours are your thoughts and feelings-----'

Language is an effective medium to unleash one's innate potential and to articulate one's thoughts, feelings and emotions. It was a moment of immense pride when Kartikey Gulia, Head boy of Blue Bells Public School qualified and competed in the prestigious World Scholar's Cup Kuala Lumpur Global Round, Malaysia from June 17 to June 23, 2018 where more than 5,000 scholars from over 50 countries competed. Kartikey was grouped with a team from Cambodia and clinched the following awards in the various categories:

- Gold Medal : Individual Debate
- Gold Medal : Top Scholars
- Silver Medal : Scholars Bowl
- Silver Medal : Writing
- Silver Medal : Team Debate



He will now participate in the event's 'Tournament of Champions' Round to be held at Yale University, USA, in November 2018. The World Scholar's Cup is an international Competition, consisting of debating, quizzes, team quizzes and written debate. This competition doesn't just test your academic skill, but also your team work as the Team Quiz, and Team Debate which requires coordination to be on point otherwise you would lose to the other team.



INDUSTRIAL DESIGN CHAMPIONSHIP

"Creative people make pursuit of knowledge their priority."



The School team comprising of Dhruv Punia, Bhuwan Mohan, Karunesh Yadav and Arjun Singh clinched the coveted Second Position in Industrial Design Category in Design Championship organized by Mindbox at Shiv Nadar School, Noida on August 24, 2018. Adding more feathers to this cap of glory, in the Graphic Design Category, the students, Gaurav Marwah, Namo Jain and Lakshay Tyagi bagged the Second Position. In the Industrial Design Category, the students designed a water cistern to be attached to the tap which would control the wastage of water and also the water collected would be used for generation of electricity. They complimented their presentation with the 3D Model. In the Graphic Design, the students designed a Logo for their Gaming Company and brought laurels for the alma mater. The students used all the latest tools for making their Logo attractive and appealing. The event saw the enthusiastic participation of 90 renowned schools of Delhi & NCR (Khaitan, DPS, DAV, Shiv Nadar, G.D. Goenka, Modern School and Maharaj Agrasen etc.) and the level of the competition was high. Around 630 projects were a part of the competition. The judges were thoroughly mesmerized by the innovative presentation of our students with 3D Model and heartily lauded their efforts.

TINKERFEST 2018

TinkerFest was aimed at encouraging innovation among students, teaching them about product prototypes and developing problem solving and entrepreneurial skills. Students were trained hands-on in ideation methods, mechanical design and fabrication, microprocessor programming, basic electronics and presentation skills. As the school has the first functional Hi-Tech ATL Lab in Gurugram, the



students were provided a platform to explore, innovate & experiment with latest tech tools. Thirty students participated in the fest and transformed their ideas into working projects. Participants developed projects like Air Ink, a device which converts carbon present in the air to an ink which can be used for writing. They showcased their projects on improving the Rain Water Harvesting System and developed an Automatic Irrigation System, that senses moisture in the soil and waters the plants accordingly.

KERALA RELIEF FUND



Pursuit of excellence with sincerity of purpose is what we at Blue Bells strive for. We, at Blue Bells understand that empathy is the most essential quality of civilization. Be it a natural catastrophe or a social concern, we never fail to offer our moral and material support in the hour of need. Kofi Annan has rightly said that empowered youth can be the key agents for development and peace. The more the commitment and participation of youth, higher are the hopes for a better society. The Blue Bellians always reach out to the society to bring positive social changes. In sync with the same vision and alarming condition that arose due to Kerala Floods, the School Management, teachers and students heartily contributed for the Chief Minister's Kerala Relief Fund to actively contribute in the resurging of the state to normal life. The members of the school dedicated their one day salary and the parents supported the school in this humble initiative to give back to the society in the time of need. This testified the belief of the school that for education to be complete, it must include not only the training of the intellect but also the refinement of the heart and the discipline of the spirit. This Community Outreach Programme provided a conscious, relevant opportunity to enable us to acquire knowledge, skills and the habits of mind and heart that will certainly help us in becoming confident individuals and responsible citizens

METAMORPHOSIS

'Realize Deeply That The Present Moment Is All You Ever Have.' - Eckhart Tolle

Modern age has taken a holistic approach to well being by encompassing much more than just physical health and promoting harmony on the outside as well as inside the body. Sensitizing the adolescents and empowering them to combat the challenges of tomorrow is the need of the hour. The Health and Wellness Programme of the school under the guidance of Dr. Alka Saxena, Deputy Director (Health and Wellness), BBGS, has been actively working on empowering the adolescents. In sync with the same objective, the students of the school participated in Metamorphosis - Health & Wellness Fiesta, An Inter School Life Skills Event at Blue Bells Model School on August 24 & 25, 2018. The students participated in Critical Thinking, Fun Races, Debate and Quiz Competitions in Middle and Senior Category. In the Senior Category, Himani Sharma of Class XI C bagged the First



position in the Critical Thinking Game and in the Middle Category, Yatin Malhotra of Class VIII B clinched the Third Position in Fun Races for Classes VI to VIII. It was a tough competition as the students of twenty one renowned GPSC schools competed for the coveted positions. The teachers of the school along with the teachers of other GPSC Schools attended a thought provoking and invigorating Workshop conducted by Dr. Alka Saxena, Deputy Director (Health & Wellness) Blue Bells Group of Schools and members of Resource Centre team on "Rethink Discipline: The Positive Discipline Approach". The Workshop focused on an ardent need to promote positive discipline which is founded on mutual respect and is neither coercive nor permissive.



A CONTRIBUTION TOWARDS DENGUE AWARENESS MONTH

Blue Bells has actively participated in reaching out to people on various health and environment related issues and contribute positively towards the service of the community. The Health and Wellness Programme of the school spearheaded by Dr. Alka Saxena, Deputy Director (Health and Wellness), Blue Bells Group of Schools organized a series of assemblies for students as a part of Dengue Awareness Month. The aim of these assemblies was to bring in awareness amongst the students on how to fight against Dengue fever and other communicable diseases. This was an effort to sensitize the student community on the spread of the disease as well as its prevention and early diagnosis. The assembly for the students of classes IX - XII was organized on July 20, 2018, for classes III - V on July 25, 2018, and for classes VI - VIII on July 27, 2018. The noteworthy feature of the assembly was that the whole programme was presented by the Health and Wellness Ambassador from class XII, Peer Mentor from class XI and Peer Educators from classes VI - X, under the guidance of Health and Wellness Team. The students were briefed through a skit about the symptoms of the disease and how it is caused. They were educated about the breeding condition of the mosquitoes and also about what could be done to reduce the risk of acquiring the disease. At the end of the session, a Quiz was conducted to check the understanding of the students about the disease and the response from the students was overwhelming. The students who responded correctly were rewarded.



WORKSHOP ON HEALTH, WELLNESS & HYGIENE PROGRAM FOR GIRLS

"Health is a relationship between you and your body." Terri Guillemets



The Health & Wellness Programme of the school believes in holistic development of the students whereby inculcating and infusing healthy habits is a pre-requisite. In sync with the same vision, the school organized a Session on "Health & Hygiene of GIRLS" on August 30, 2018 under aegis of the Health & Wellness Programme. The session was conducted by Dr. Sadhna, a practicing Gynaecologist to empower the young girls about the importance of hygiene in their growing years. After a brief introduction, Dr. Sadhna introduced the topic "Health & Hygiene for Girls" to the students of Classes V to IX. She asked the students to share their experience regarding the same. Some factors related to puberty like; onset of puberty (between 9 - 13 years), mood swings, etc. were touched upon briefly. The importance of healthy diet and maintaining proper hygiene was also shared. The general queries of the students were addressed. The summing up of the topic was done by Ms. Shreya Kumar & Ms. Renu Khare, Counsellors. It was a learning experience for the students.



DIFFERENTLY ABLED CRICKET TEAM VISIT TO THE SCHOOL



We, at Blue Bells, believe in giving adequate importance to sports and games so that our young buds develop their Kinesthetic skills which will instill a sense of discipline, fellow-feeling and togetherness. In sync with the same objective, the school had organized a rendezvous between the budding cricketers of Blue Bells Group of schools and members of differently abled Cricket Team on August 30, 2018. Cricket has helped and played a phenomenal role for the differently-abled to overcome the social barriers and gain better self-confidence to a great extent. It was an earnest endeavour of the school to connect these players to the students of the school. A Special assembly was organized where there was a perfect fusion of music, dance and street play. Mr. Ravinder Pal, Captain of the India Differently Abled Cricket Team addressed the students and spoke about his journey and struggle to get in a position to play for Indian Team. He told everyone to hold on to their dreams and then channelize all the energy towards tranquilizing the dream to reality. Speaking on the occasion, Dr. Saroj Suman Gulati, esteemed Director, BBGS, thanked the visiting team for sparing their valuable time and motivating the students with their spirited presence. Director Madam felicitated the members of Differently Abled Indian Cricket Team by presenting Cheques and gifts to them.

CELEBRATIONS GALORE



INTERNATIONAL YOGA DAY

Yoga provides a holistic approach to health and well-being and wider dissemination of information about the benefits of practicing Yoga for the health of the world population. Yoga also brings harmony in all walks of life and thus, is known for disease prevention, health promotion and management of many life style related disorders. In sync with the directives of CBSE and to promote the adoption of Common Yoga Protocol (CYP) issued by the Ministry of AYUSH, Government of India, International Yoga Day was celebrated by the students and teachers of the school with great enthusiasm on July 3, 2018. Group Yoga Demonstration based on Common Yoga Protocol (CYP) was the centre-piece of activities related to the celebration. The



entire "YOGABHYAS" lasted for an hour and closed with a "Sanskrit Shloka" and Oath by all the participants that they will continue to practice Yoga for keeping their Body and mind in healthy, stress-free and cheerful condition. The assembly was given a befitting close with a song which was released by Ayush Mantralaya, Government of India for Yoga Day.

DOCTOR'S DAY

Doctor's Day was celebrated in the school on July 06, 2018. A Special Assembly was conducted by C. V. Raman House to express gratitude and acknowledge the dedication and commitment of the doctors. Chirayu of Class IX A apprised all about the importance of the day through his informative speech. The students of Classes VIII and IX mesmerized everyone with their energetic presentation through a



Street Play (Nukadd Natak) which highlighted the consequences of self-medication and falling in trap of quack doctors. Ms Laxmi briefed everyone on the need to maintain personal hygiene and follow balanced diet for a healthy lifestyle. The toddlers in the Pre - Primary Wing also joined the celebration by doing hands-on-activity like Nursery - Rhyme Recitation - "Brush brush your teeth", LKG - Making a Doctor Puppet with cutouts and UKG - My Medical Kit. The students were also briefed about the noble profession, ethics of doctors and the efforts they put to cure the ailment of the people. "Strong Convictions Precede Great Actions"; reflecting upon the idea the Primary Wing of the school geared up for an Inter House Declaration Contest - Commit To Be Fit on July 25, 2018. The aim of the contest was to sensitize the students about adopting a healthy lifestyle by having a proper fitness regime and eating healthy diet.

VAN MAHOTSAV

Conservation signifies a state of harmony between man and nature and plays a pivotal role in the development of human race. To sensitize the students on the need to conserve the natural resources, the Eco Club and Heritage Club of the school, since its inception, has unfailingly carried on the task of upgrading the environment in and around the school by planting and nurturing the saplings. Furthering this mission, the school celebrated Vanmahotsav 2018 on the theme "Connecting People to Nature" on July 13, 2018. It was an earnest attempt to lend a green touch to the school environment and sensitize the students about their role in conserving it. Peepal Baba, the man who has planted more than 1 crore trees all over the world, Swami Prem Parivartan, the Founder of Give Me Trees Trust visited the school and shared his vision for conserving the fauna. The team from Fever 104 FM from RJ Rahul sensitized the students on recycling the things for conserving the resources for future generation. The focus of the celebration was towards forming a personal connect between the students and trees through a process of experience, reflection and creation, carried out through various activities. The teachers and students of the school were involved in spreading the message - 'CLEAN INDIA, GREEN INDIA', through an Eco Drive to the nearby areas to spread the divine color and cover of Mother Nature. The Rally was flagged off by Ms. Arpita Acharya, Vice Principal. The students of Classes VI - VIII participated in plantation drive with the motto-'EACH ONE PLANT ONE', wherein different types of medicinal plants like Neem, Aloe Vera, Basil, Giloy, Lavender etc were planted. The student of Class IX AND XI made beautiful, thought-provoking and mind-boggling posters on environmental awareness which depicted their ideology of conserving the precious flora and fauna as well as our rich heritage.



AN INVINCIBLE FLIGHT : SENSITIZING ALL ON CONSERVATION OF BIRDS

"Let's take the Invincible Flight to save the birds from going off our sight"

As a part of the Vanmahotsav drive in the school and to sensitize the students about the conservation of forests to preserve animal and bird life Science Week with the theme "Power of Wings" was conducted in the Primary Wing of Blue Bells Public School from July 09, 2018 to July 13, 2018.



Plethora of activities were conducted to spread awareness about the importance of Birds around us. As a step forward a special assembly "An Invincible Flight" was also conducted by the Science Club and Class IV C on July 11, 2018. Students presented a skit to spread awareness about various endangered species of birds and what measures we can take to conserve wild life. The assembly commenced with a pledge by the students "The air up in the sky is pure and fine, it's we humans who have to draw a line. Air pollution is what we will stop and love to see birds around us fly and hop"





FATHER'S DAY : SALUTING THE DIVINITY OF FATHER



To pay a solemn tribute to the divinity of father, who with his unfathomed love and unconditional support transforms the life of a child into a wonderful journey of achievement and accomplishment, the Primary Wing of the school conducted a special assembly to celebrate Father's Day - "To Dad With Love" on July 18, 2018. Students of class IV B presented a skit showcasing the bond between a father and child.



WASTE MANAGEMENT

Education in school is focused to tickle the fecund imagination of the students to innovative ideas and implement those to address the changing environment. In an effort to enhance the sensitivity towards environment the school actively organizes Workshops and Community Outreach Programmes to sensitize everyone on the core issues so that the change percolates to benefit the society and nation at large. In pursuance of this mission, a session on Waste Management was organized for the students of Classes VII to IX in collaboration with Ecogreen Energy and NGO Uthaan on July 30, 2018.



DEMONITIZATION: A BOON OR BANE : INFORMATIVE ASSEMBLY BY COMMERCE STREAM



'Demonetization : A Boon or Bane' was the theme around which the Commerce Stream students conducted their Assembly on August 7, 2018 for the students of Classes IX to XII. All the assembly features like Thought and News Updates were interwoven around this theme. The students systematically presented their concept through varied group performances, which started with a brief on demonitization and a presentation on an upcoming Business 'Keventers'. An Open House discussion in form of a News Channels Debate on the topic and

how it affected people from all backgrounds was highly lauded by the audience. The presentation closed with a Skit showcasing how the decision to discontinue Rs 1000 and Rs 500 banknotes as legal tender from November 9, 2016, had caused a havoc in the life of common people who had to wait in long queues for new currency across various banks and ATMs in the country. The highlight of the Assembly were the Commercials prepared by the students on Harpic Hair Oil, Hit Spray - Mind Booster and Cheeta Drink - Energy Booster etc. to address the issue in an effective manner along with keeping the audience captivated. It was an informative session which gave a new insight on the effects of demonitization to all.



RAKSHA BANDHAN

Raksha Bandhan... A festival of threads, a day of celebrating fraternal ties, symbolizing the trust and affection that a brother and sister share. To strengthen this bond, students made beautiful Rakhis and a packet of these handmade Rakhis was sent to the valiant soldiers fighting hard to keep us safe and sound. This was an honest endeavour of the students to salute the commitment of these patriots and showcase their unfathomed gratitude towards them. Celebration of endearing bonds of love, a spirit of harmony and brotherhood was depicted through a special assembly to celebrate Raksha bandhan and Eid "Bond of Love" on August 24, 2018 by class III B. With the motif of spreading the message of universal brotherhood and to spread the note of India's cultural base, unity in diversity, enthusiastic Blue Bellians from the Senior Wing along with their teacher visited BSF Camp and tied Rakhi, a sacred bond of love to these brave sons of the motherland on August 25, 2018. They showcased a deep bond and concern for the well being of these officers who deprive themselves of all the comforts to give us a peaceful and comfortable life.



SAPLING PLANTATION DRIVE

Sensitivity towards the environment is an important issue which the school sincerely addresses. In an effort to further enhance this learning, the school actively organizes Community Outreach Programmes to sensitize everyone on the core issues so that the change percolates to benefit the society and nation at large. In pursuance of this mission the school organized Earth Day Rally, Swachh Bharat Campaign, Vigilance Week, Cleanliness Drive and Go Green - Eco Drive with great enthusiasm. In a unique initiative on August 24, 2018, the students of Classes IX to XII were given a sapling each to be planted at their home and taken care of by them so that each and every individual can contribute in developing the Green cover and replenish the resources in their own special manner. This was the humble way to give back and rejuvenate our depleting cover of flora.



JANMASHTMI



A special assembly "Divinity" was conducted for classes Nursery - V on August 23, 2017 by Classes II C, III A & III C on the occasion of Janamashtmi, a festival which commemorates the divine incarnation of Lord Vishnu as Krishna. The assembly began with a melodious bhajan sung by the choir group. A musical play "Krishna In Me" by class III A & C and a Nukkad Natak by class II C showing the teachings of Krishna and how we must imbibe the values of Karma, Dharma and Righteousness to be better citizens were presented.

INDEPENDENCE DAY



To pay homage to these martyrs who sacrificed their life to give us the divine bliss of freedom, Independence Day was celebrated with utmost fervor by the school on August 13, 2018. The occasion was graced by Mr. S.N. Batra, General Manager, Corporate Affairs, BBGS. The programme formally commenced with the welcome address and the Indian tricolour was unfurled in the air by Mr. S. N. Batra. The platoons of the various houses of our alma mater displayed perfect synchronization of movement with the drum beats. The salute to the parade was given by Mr. Batra, our Esteemed Guest. The students of the school presented a colourful cultural extravaganza which was a kaleidoscope of their commitment and dedication towards their nation which included patriotic song, drill, poem and a presentation to promote rich Indian Cultural Heritage. The entire school was soaked in the spirit of festivity and patriotism.

NATIONAL SPORTS DAY CELEBRATION



National Sports Day is celebrated on August 29 every year to commemorate the birth of the legendary Hockey player Major Dhyan Chand, who is widely considered the greatest hockey player of all time as he had won gold medals for India at the 1928, 1932 and 1936 Olympics. Known as "The Wizard" for his superb ball control, Dhyan Chand played his Final International Match in 1948. He scored over 400 goals during his International career. With the country, the school also celebrated National Sports Day on August 29, 2018. The Physical Education Department organized various Fun Races on the field for the students to fill them with a spirit of enthusiasm and imbibe in them Sportsman spirit. The students enjoyed these races and learnt about the importance of the day as well as a unique place occupied by Sports in our life. It not only leads to physical fitness but also is required to maintain good mental health which is pertinent for holistic development.



TEACHER'S DAY

'A teacher's purpose is not to create students in his/ her own image, but to develop students who can create their own image.'



A Guru is Bramha who creates knowledge, Guru is Vishnu who sustains the knowledge and the Guru is Shiva who dispels the darkness of ignorance. Ours is a country of glorious teachers and students ... Swami Ramkrishna Paramhans and Vivekanand, Tirthnakar Mahavir and Gautam Gandhar and of course we all students of Dr. Sarvapalli Radhakrishnan. To celebrate and honor the selfless contribution of the teachers a special assembly "The Mentoring Minds" was conducted by the Students' Council members of the Senior Wing and Primary Wing on September 5, 2018. Speaking on the occasion, Dr. Saroj Suman Gulati, esteemed Director, BBGS, congratulated all for putting up a good show. Ma'am wanted all the teachers to contribute effectively in making the learning atmosphere of the school conducive for growth and development which would further be reflected in the happy faces of the students with an earnest desire to excel.

KINDERGARTEN ACTIVITIES : A GALORE

